

# CVu3a UPDATE

**Edition:** Seventy-Four – Feb/Mar 2026

**Editor:** John Hayston.

**Contact:** [Johnhayston1@gmail.com](mailto:Johnhayston1@gmail.com)

**A very warm welcome to those new members who have joined us since the last newsletter was sent out.**

## February speaker

Sue and Ivan Godfrey enthralled us all with their talk and slides on trekking to Everest base camp (at 5,364metres above sea level) a few years ago. Landing in Kathmandu at 1400m above sea level they travelled around the area for 9 days walking and using buses to get acclimatised to the altitude before setting off for Everest Base camp. It takes 8-9 days to trek the 65km there from Lukla where the roads end, due to the fact you must have breaks to allow for altitude acclimatisation to avoid sickness which can be a killer.

Along the way they met the local people who are very friendly and humble. Staying in lodges along the way and roughing it a bit but enjoying the experience. Many temples, prayer wheels and suspension bridges along the way, using well-worn tracks, which the sherpas and Dzo (Yak cross domesticated cattle) carry everything needed up and down the mountain.

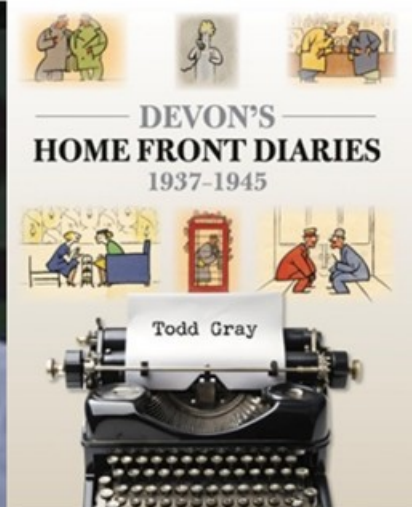
The way down was easier as you can catch a flight from the sloping air strip at Lukla, back to Kathmandu 170km away. Sue and Ivan donate all the monies they earn doing talks to charities working in Nepal, who build toilet blocks to enable young Girls to attend school. Please visit [www.godfreytreks.co.uk](http://www.godfreytreks.co.uk) for details.

## 5<sup>th</sup> March Speaker

**We are delighted to welcome Dr Todd Gray MBE** as our guest speaker once again at the 5 March monthly meeting. Always a popular speaker with our members, Todd talks about Devon's Home Front Diaries, the first county study from the Mass Observation archive.

Born and raised in New England, Todd has been fascinated by Devon's history since a school trip in 1973 and moved to Britain to undertake his undergraduate

studies in London. After completing his degree he moved to Exeter in 1984 to study for a PhD. He completed his doctorate in 1988 and has been a Research Fellow at the University ever since. Todd has become Devon's best-known historian partly through his research being frequently highlighted by local, regional and national media and has published more widely on Devon than any other historian.



## **Devon's Home Front diaries, 1937 to 1945**

Nearly 100 diarists wrote about Devon for Mass Observation, the project of the 1930s in which Britain chronicled themselves. These writings have recently been edited and made available, giving us intimate details of the everyday lives of ordinary people living in Devon during the Second World War.

## **Message from Dee McVey**

I've negotiated a reduced entry fee to Exeter Races **on 7th April 2026** of **£10pp**. There's no limit on numbers and 25 of us from several SW Region u3a's have already booked to go. If you'd like to join us please email me, Dee, at [chair@okehampton-u3a.org.uk](mailto:chair@okehampton-u3a.org.uk) with the following information and I'll send you details of how to purchase your ticket(s):

- Name(s)
- Contact phone number
- u3a you are a member of

Dee McVey, Chair - Okehampton u3a - 01837 658590

## **Could You Possibly Lend A Hand?**

Culm Valley u3a member Helen Knight is looking for

### **Culm Voluntary Car Scheme Volunteer Co-ordinator Required**

Do you have a few hours to help us provide an essential service to vulnerable community residents?

We are looking for a Volunteer Coordinator for the Culm Voluntary Car Scheme. The Culm Voluntary Car Scheme was started in 1987 and is a registered charity. Volunteer drivers use their own cars to transport frail, elderly and disabled people from Cullompton and surrounding area, to hospitals, GP surgeries and other medical appointments.

The new coordinator would receive support and training to get started in this role and join an existing team of 2 coordinators. The role involves:

- Taking calls and details from passengers.
- Passing this information on to one of our available drivers.
- Calling the passenger back to give them the driver's name and agreed pick up time.
- Logging a record of the journey booked.

A mobile phone is provided and each coordinator's duty normally covers a whole week. Calls are taken between 9am and 1pm Monday and Friday.

The work is interesting and gives you the opportunity to talk to a wide variety of people within the community with various journey requests and can do so from the comfort of your own home.

We are also always on the lookout for volunteer drivers as well.

**For more details, please contact Brian Hancock on 01884 33161.**

## **Please Save Your Stamps**

**Please remember to save your Christmas stamps and bring them along to the next monthly meeting in February 2026. They will be collected and sent off to the Royal National Institute for the Blind.**

Linda Grantham

## Presentation to Culm Valley u3a Thursday 5<sup>th</sup> February 2026

Contribution to speaker's costs £40

We are so grateful for this gesture – every penny will go to the Nepal Girls' Toilet building programme. This donation will be added to the £62 we collected in the bucket at the meeting!

Thank you for your generosity.

Sue Godfrey

## News from Interest Groups

### Photography

We met in January to plan our programme for 2026. Events planned for the year include:

- A visit to the Haldon Forest Earth Photo Exhibition, to view the photos and take some of our own.
- Photographing exhibits at Tiverton Museum
- An alphabet photoshoot at Knightshayes
- Photographing bluebells at the Bluebell Walk Halwell Lawns Widdecombe
- Exmouth marina and docks - Men at work
- Cream tea & photo show and tell session
- Dog agility - dogs in motion photo session
- Photo treasure hunt
- Budleigh Salterton seafront & estuary walk photoshoot
- Christmas social and quiz

The December competition was won by Dave Long with his fantastic photo of the Christmas lights trail at Rosemoor Gardens.

We next meet on the last Monday of February. We have a couple of spaces, so let us know if you would like to join us.

Sue Childs





## Music

The new group has started and is proving to be very popular. We are led musically by Ian Wederell who has a knack of boosting everyone's confidence and ability. We meet at Willand Village Hall every Thursday morning at 9:50 to get set up for 10:00. At the moment we are playing a wide range of songs from the blues to Abba and beyond. We would welcome ukulele players of any ability as well as guitars, banjoles, bass guitars and percussion. So, dig out your instruments and join us for two hours of musical fun. Come for the first week free to give it a go. We look forward to seeing you soon.  
Sue Childs

## Sewing

What a fantastic start!

Our very first Sewing Group meeting was buzzing with creativity and laughter.

We had all sorts of sewing going on—hand-stitching, speedy sewing machines, beautiful embroidery and even a zip repair for one lucky jacket.

There were pattern pro's, masters of upcycling, experts in creating their own masterpieces and those just figuring out which end of the needle to thread.

Everyone was eager to share tips, lend a hand and swap stories over a cuppa. It's not just about sewing—it's about making friends and having a good natter with people who understand your fabric obsession!

And let's not forget our honorary supervisor, Hettie the dog, who kept a watchful (and very cute) eye on the proceedings. She definitely stole the show!

The next meeting is on Wednesday, 11th February. We currently have a full group, but we have a waiting list you can add your name to.





## Walkers

Last month's walk around Holcombe Rogus and the Grand Western Canal was another very wet one - it could hardly have been otherwise since it's apparently been the wettest January Devon has seen since our weather records began in the 1880s! Not deterred by a bit - okay then a lot - of the wet stuff we donned our wellies and most resilient outer gear for a relatively short walk, joining a little known stretch along the northern part of the Canal from Fenacre Bridge to the Waytown Tunnel, then quickly back (the leader ie me having missed out a last half-mile loop by mistake) for a very welcome lunch at Sampford Peverall's very convivial (as in warm and dry) Globe Inn. Thanks everyone for the company and good humour in less-than-ideal conditions. Enjoy the Feb walk - see you in March. Gill



## Next Walk - 19 February

A 5-mile circuit of Colaton-Raleigh Common entirely off-road. Ascents and descents but nothing arduous and no stiles or gates. Free parking off B3180 - car sharing encouraged. Lunch afterwards at the White Horse Inn Farringdon.

Led by John Hayston who will coordinate everything in my absence - please email [johnhayston1@gmail.com](mailto:johnhayston1@gmail.com) for more details and joining instructions if you're new to the group.

## Art in Action

Art in Action continues to take the challenge and try something out of their comfort zone. This month we practised our skills at a Still-Life and also a landscape.









## Creative Writers

As we have written about Spring, Summer and Autumn, we thought it might be a good idea to round off the year by writing about Winter. So that's what we did.



Well, we did have about a centimetre of frost/ice, but it wasn't the fluffy snowballing material I remember from a few years ago.

It was a wet and windy day in January when we returned to Hazel's. Two of our writers were unwell; Paula with a frozen shoulder, and Sue with vertigo, but they sent in their contributions. We made a cosy group which was strangely quiet.

Hazel began by reading Sue's account of life in medieval times. The fire was all-important both for light and warmth and was never allowed to go out.

People would gather together with their animals for additional warmth, regardless of the pungent smoky atmosphere. Every activity would be going on in the one room, with a cess pit just outside. No luxuries as most things had not then been invented. So they would have got up with the light and settled to sleep when dark. No medical help and the life expectancy was roughly 25 to 40. After listening, despite the wild weather outside, we felt thankful as we reached for some of Hazel's cake and topped up our coffee.

But just as we were feeling thankful that we had had the good fortune to arrive in the 20<sup>th</sup> century (no-one under 25 with us), Chris hurtled us back to the beginning of time with the BIG BANG. Again, we heard how the earliest human beings relied on the sun for warmth and light. These primitive people so revered the light that they designed and built massive stone circles all over the land to celebrate the coming and going of the sun.

Linda brought us back, introducing Iris, aged 97, totally dependent on the help of others due to her frailty. Iris is trapped in the winter of old age and doubts she will see another spring. Her life is enlivened by her visitors who are each in their own season in life. Her favourite visitors are those who listen and don't lose patience with her. The story ends with Iris being found stone cold, having left winter behind, with a radiant smile on her face. So perhaps she has found her spring.

Pat's characters. Jo and Molly are busy getting the Christmas decorations down from the loft. They have family arriving, so all the treasures are unpacked and put on display. On arrival, the focal point for the grown-ups is the fire, just like their ancestors in the other stories. But the children are drawn

to a snow globe. This is no ordinary decoration; the occupants are having their own conversation and the 'Mrs' doesn't take too kindly to being turned upside down and shaken. 'Mr' does his best to pacify her, and they breathe sighs of relief once the family have departed, and they can rest quietly while Jo and Molly doze.

And Hazel had written a poem with the recurring line: 'I just want to hibernate'.

Coughs, colds and flu abound  
It becomes hard to respire  
With so many viruses all around  
I just want to hibernate.

What a good idea! I think we all echoed that feeling as we set off into the wind and rain. I certainly did as I drove through the flooded road from Willand to Cullompton.

oOo

And Paula continued our second shared story. But you will have to wait until the next newsletter to read that.

### **Shared Story - Chris**

I was blinded by a bright torch light shining straight into my face.

'Stay where you are!' an educated and authoritative voice commanded. I held onto the banister rail and sat down on the top step.

Having recovered myself enough to protest I was able to speak.

'What are you doing in my house and who are you?' I asked with irritation and anger, but also some fear, holding my arm across my eyes.

The torch was lowered and as my eyes adjusted I saw it was being held by a man of about my own age at the foot of the stairs and that behind him there was a woman, also holding a torch, which was shining through a piece of blue stained glass. One of the larger boxes had been opened and what looked like a church window had been removed.

The man with the torch told me to come downstairs and take a seat while he explained their intrusion. Feeling rather indignant at being invited to sit in my own home I reluctantly made my way down and sat in my fireside armchair, from where I could see the whole room.

'Do you recognise this piece of glass?' the woman asked. Far from being 'the wrong sort' she was just the kind of woman my late wife would have befriended. She was well-dressed in a conventional tweed skirt with a cashmere jumper and sensible shoes. The sort of person who might have shared my wife's interest in ecclesiastical history and enjoyed exploring and researching local churches.

'No, I can't say I do,' I answered, 'but it's the sort of thing my late wife might have acquired and she never threw anything away. 'It's none of your business anyway, and I demand to know who you are and how you got into my house.'

oOo

That's all folks,

LJRM – the Scribe

## **Quilting**

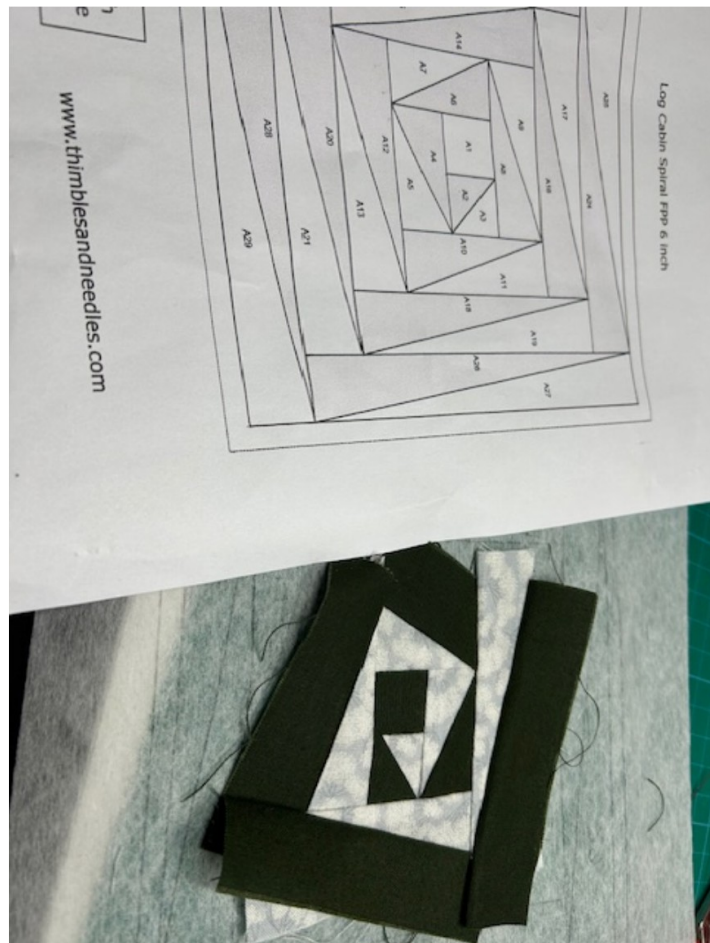
The new year of quilting got off to a good start, with quilters working on their own projects and also a challenge from our leaders on a technique called foundation piecing. This is where the cut out fabric shapes are sewn onto a design which has been marked up on interfacing fabric, which you might

find, for example on the underside of the neck, on a garment.

The foundation piecing was a challenge indeed! We started off with a small tree project, to understand the principles of how this particular foundation procedure is done. On the main subject panel piece, there were 29 pieces, which had to be sewn, in the correct sequence, to ensure the final design was accurate and complete! The small fabric pieces were quite fiddly to deal with, however, once you'd figured out the best way to size up, pin and sew the pieces, in the correct order, it got a bit easier to construct the panel - then the spiral design magically appeared! Hopefully, next month we'll see some pics of finished items, using the panels we've made, as well as more of our individual project pieces.

The group is run by Lin Arnold and we meet on the first and third Tuesday of the month - 9.30 to 12.30 in the Club Room at Willand Village Hall. Anyone wanting more information can contact Lin on [Impish4me@gmail.com](mailto:Impish4me@gmail.com) or talk to her, directly, at the monthly meetings.





## Craft

Battling through the Cullompton floods the Craft Group met again for the first of their February 'craft in'.

The group is looking at changing the start time to 10.00am running through to 12.30pm as usual. This will give us a bit more time to gather our bits and bobs for the day.

It is hard to believe that it is 3 years ago since the group made Luna Lapin rabbits and now we have three of the group sewing some of her friends.

Over the month, or beyond, these little creatures will come to life, and we hope we can bring them to one of our Monthly Meetings to show them to you. The pictures give you an idea of what to expect! Others in the group are still finishing off their other crafts and we all agreed that it is so good to be able to ask each other for guidance, whatever we are making. We amaze ourselves with how much information we have amassed over the years!

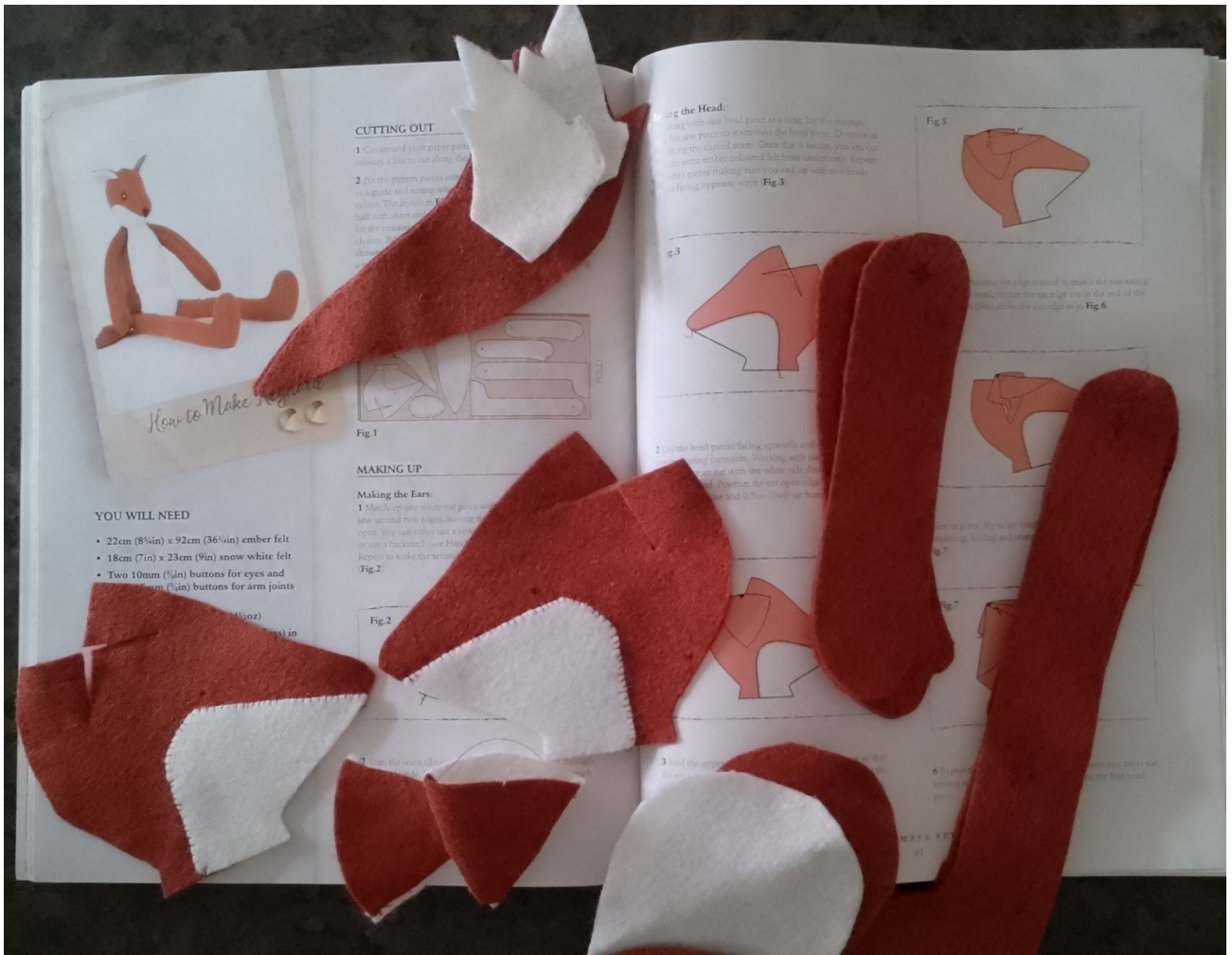
We have other makes programmed in for the early part of the year so plenty to keep us busy.

Lorna





Raynard the Fox below



## Our final Behind the Scenes outing

(this group has been replaced by the new Discovery Days led by Paula Longden) is another visit to the **Exeter Energy Recovery Facility** on Marsh Barton on Tuesday 17 February from 10am – 12.30pm. There is no charge for the visit, but everyone will need to make their own way there or contact me to try and arrange a lift. There is car parking available on site, but we are encouraged to car share where possible.

**There are 4 spare places available - the visit is limited to 20. If you are interested email [gill.sole@yahoo.com](mailto:gill.sole@yahoo.com)**

The facility is run by Viridor and operates under a partnership with Devon County Council to divert non-recyclable waste away from landfill. It handles c60,000 tonnes of waste p.a. from households within Exeter and the surrounding area each year, converting the waste to electricity to power the equivalent of 6,624 homes.

The visit will include the following: -

- Tea and coffee on arrival
- Presentation on waste management in Devon and the Energy from Waste process
- Question and answer session
- Tour of the facility to see the control room and viewing platform

## Live Jazz Music Appreciation

Our interest group membership continues to grow, steadily, which is most encouraging. This month we are delighted to extend a warm welcome to Sam Honey and David Long. The main item of news this month is best portrayed in the attached flyer, where full details of the listed performance by the Gordon's Algiers Strutters jazz band at the modern Culm Valley venue, namely Magelake Pavilion, Bridge Street, Uffculme, EX15 3BD, are clearly set out. With free car parking and a well-stocked bar, plus 2 x one-hour sets of live jazz music performed by talented musicians, what more is needed for an enjoyable evening's entertainment? We do circulate our group membership with details of upcoming live performances in surrounding areas of Devon and Somerset but are always happy to welcome new members into this interest group. So, I hope to see interested readers at some future events.

## An offer to CVu3a Members from AbilityNet

AbilityNet, a UK-based charity, offer free help, support and guidance to older people and disabled people, with their technology. They want to ensure that everyone has access and understanding of the digital world. Could they help you?

### How to get free help from our AbilityNet volunteers

We have a network of more than 450 friendly tech volunteers who can help you or someone you are supporting. They can come to your home, or help you on the phone.

Volunteers are all DBS-checked and are happy to deal with any tech problems you may be having, large or small.

To request help from our tech volunteers:

**call** on 0300 180 0028, **email** at [enquiries@abilitynet.org.uk](mailto:enquiries@abilitynet.org.uk) or **fill in the home visit request form** on our **website**.

**Website** address is : <https://abilitynet.org.uk/free-tech-support-and-info>

## Culm Valley u3a – Zumba Gold

I have met up with a Zumba Gold teacher, Molly, who is happy to work with CVu3a to provide Zumba Gold sessions for interested members.

CVu3a Zumba Gold sessions will run from Fridays 27 February to 2 April (please note, the final session is Good Friday) from 10:30 – 11:15am. More will be held, if this “trial run” proves popular.

Sessions will be held at Bradninch Guildhall and the cost will be £30 per person for the block of 6, if 18 CVu3a members sign up. "Pay As You Go" spaces may also be available at a cost of £8 per session.

### What is Zumba Gold?

A fun dance-based class for active older adults who are looking for a fun and upbeat fitness class at lower impact and intensity than classic Zumba.

Also suitable for beginners, those returning to exercise or starting out in their journey to fitness. Plus those recovering from illness or injury (with medical consent). Gold is suitable for EVERYONE!



### About Molly

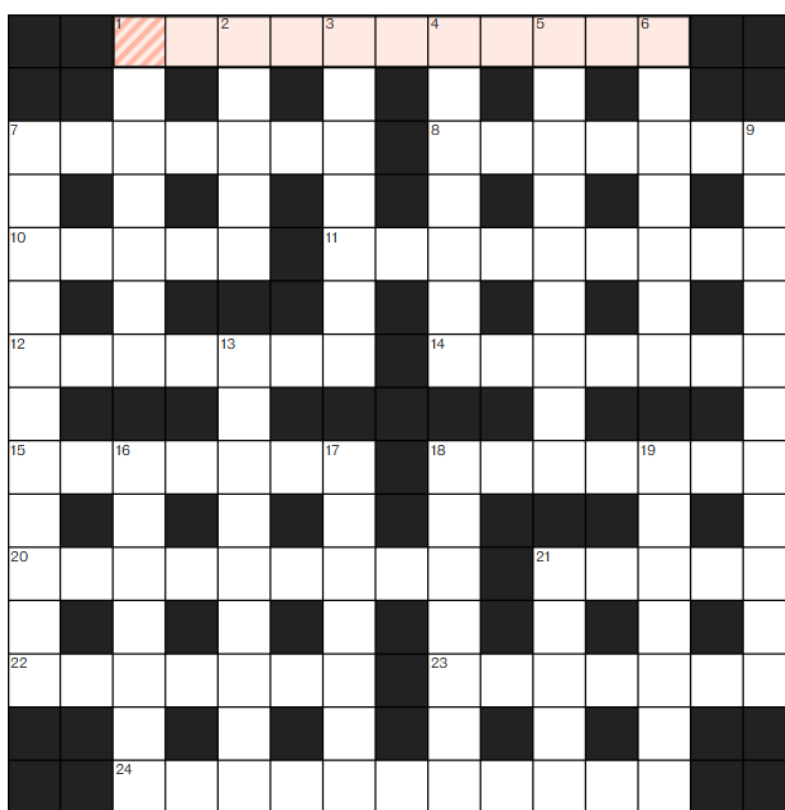
Originally from the USA, Molly has lived in the UK for over 20 years. Mum to two daughters, Molly's day job is in charity fundraising. Alongside teaching Zumba, Molly is a keen swimmer and completed an English Channel Relay in 2024. Her classes are fun and friendly, and suitable for all experience levels. Come and join the party!

Recent participants have said:

"It was awesome Molly. Can't wait for next week!"

**If you are interested in joining this group please email me on  
[cvu3agroupscoord@gmail.com](mailto:cvu3agroupscoord@gmail.com)**

## Cryptic Crossword Jan 2026



### Across

- 1 Money holder – you can eat some of it (11)
- 7 Sounds like boat workers added a weight to put in soup (7)
- 8 Sadly, nothing in mill, but could be lots (7)
- 10 A change in the church, I hear (5)
- 11 Adhering debts after net reversed current (9)
- 12 Just madden the grandee (7)
- 14 Certify to correct the mistakes (7)
- 15 Chemist in Southern England loses it but makes plans (7)
- 18 Drink for someone complaining about a cuppa (4,3)
- 20 All at sea? Mostly (2,3,4)
- 21 Adhere, given an old beat (5)
- 22 A sofsayer? E's er... like, real crazy type, I'd say (7)
- 23 Henry Percy has warm spiked footwear (7)
- 24 Not heavy and aimed at goal makes one feel a bit dizzy (5,6)

### Down

- 1 Desypad, or one who soaks up mistakes (7)
- 2 Begin eagerly now to enjoy refreshment – at your own risk (5)
- 3 Where you might eat in a small place (7)
- 4 Student moaner becomes hospital worker (7)
- 5 Many a bike! (9)
- 6 Take a little trip; olives are ripe in Libya (7)
- 7 Celandines to a 'T' show hidden aim (11)
- 9 Lady Penelope's inquisitive driver? (5,6)
- 13 Comprising trade union strait (9)
- 16 'In', dishy too. Melting Snowman's heart (3,4)
- 17 Sex worker, well read reputedly (7)
- 18 Exile mobile service provider, but not Italy, she shrieks! (7)
- 19 Took drugs and fell (7)
- 21 Placed Edward after instruction not to stand (5)

**Solutions can be found at the back of the newsletter**

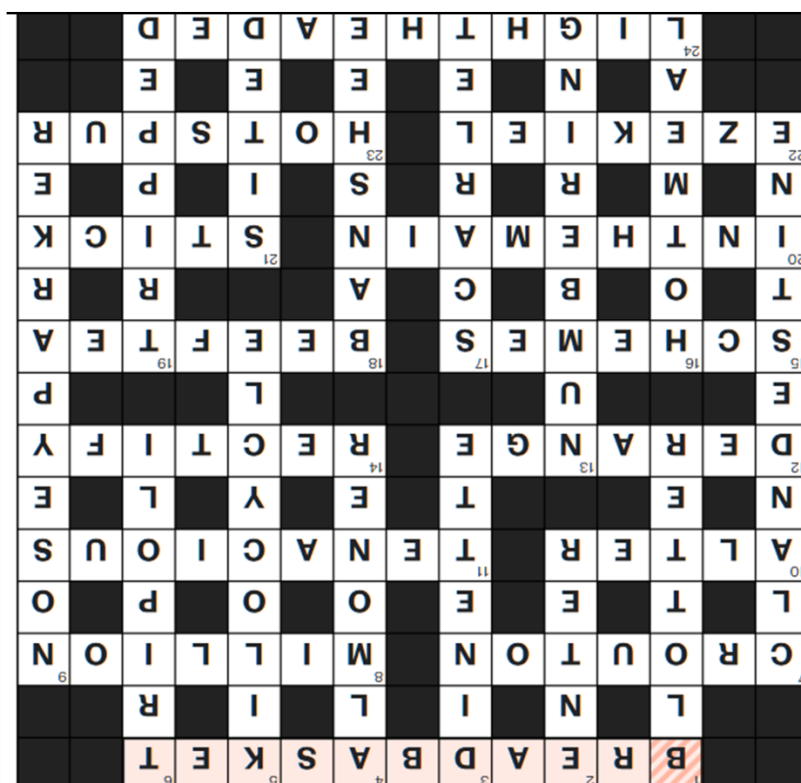
## Interest Groups information

Group	Contact <small>Please click on name to email</small>	Venue, Day & Time
<b>Art in Action</b>	<b>Rachel Kingdom</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Monday each month 13.30 – 16.30 Club Room, Willand Village Hall
<b>Beginners Spanish</b>	<b>Josy Tidmarsh</b>	Weekly at The Bakehouse, Cullompton
<b>Beginners Jewellery</b>	<b>Julie Murphy</b>	Contact Julie
<b>Boules/Pétanque</b>	<b>Richard Taylor</b> <b>Mobile: 07816337456</b>	Every Friday 11:00 and 14:00 Weather dependent
<b>Bridge</b>	<b>Maggie Lambert</b>	2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Thurs of the month 14.00- 16.00, Club room, WVH
<b>Coloured Pencils</b>	<b>Sue Hooper-Lawrie</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Monday each month 13.30 – 16.30 Club Room, Willand Village Hall
<b>Craft</b>	<b>Linda Arnold</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday each month 9:30 to 12:30 Committee Room, Willand Village Hall
<b>Creative Writing</b>	<b>Hazel Newman</b>	3 <sup>rd</sup> Tuesday each month 14.00
<b>Dog Walkers</b>	<b>John Hayston</b>	Contact John for more information
<b>French Conversation</b>	<b>Sally Graham</b>	1 <sup>st</sup> Monday each month at 11:00
<b>French Conversation #2</b>	<b>Julie Murphy</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays each month at The Bakehouse, Cullompton from 15:00 to 16:30
<b>Gaming</b>	<b>Jean Turner</b>	1st Monday each month 10:30 to 12:30 Club Room, Willand Village Hall
<b>Genealogy</b>	<b>Walter Longden</b>	2 <sup>nd</sup> Wednesday each month 10:30 to 12:30 Hayridge Centre
<b>History</b>	<b>Alison Waple</b>	3 <sup>rd</sup> Thursday each month plus various other days

<b>Group</b>	<b>Contact</b> Please click on name to email	<b>Venue, Day &amp; Time</b>
<b>Jazz Appreciation</b>	<b>Richard Taylor</b> <b>07816337456</b>	Contact Richard
<b>Mahjong</b>	<b>Jean Turner</b>	2 <sup>nd</sup> Monday each month 10:30 to 12:30 Club Room, Willand Village Hall
<b>Mixed Media Art</b>	<b>Annie Forster</b>	Kentisbeare Village Hall 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday each month. 9:30 to 12:30
<b>Photography</b>	<b>Sue Childs</b> <b>07398 686612</b>	Last Monday each month
<b>Quilting</b>	<b>Linda Arnold</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday each month 9.30 to 12.30 - Committee Room, Willand Village Hall.
<b>Quizzing</b>	<b>Martin Newman</b>	1 <sup>st</sup> and 3 <sup>rd</sup> Friday each month at 11:00 - Willand Village Hall
<b>Reading</b>	<b>Sally Graham</b>	3 <sup>rd</sup> Thursday each month, 14:30 upstairs at Cullompton Library
<b>Sewists</b>	<b>Yvonne Doherty</b>	2 <sup>nd</sup> Wednesday of each month, 9:30–12:30 Willand Village Hall
<b>Soloists</b> (But not alone)	<b>Jenny Day</b> <b>01884 840786/</b> <b>07770 985840</b>	Contact Jenny
<b>Strollers 1 &amp; 2</b>	<b>Elieen Turner &amp;</b> <b>Jackie Sim</b>	2 <sup>nd</sup> Tuesday each month @10:30 4 <sup>th</sup> Tuesday each month @10:00
<b>Theatre/Cinema/Music</b>	<b>Daphne Dowsing</b> <b>Carole Eden</b>	Contact Daphne or Carole
<b>Walkers (4-6 Miles)</b>	<b>Gill Sole</b>	3 <sup>rd</sup> Thursday each month a/m
<b>Wine Appreciation</b>	<b>John Hayston</b>	Please contact John for more information.

If you have an idea for an Interest Group, please get in touch with  
Groups Co-ordinator on email: [cvu3agroupscoord@gmail.com](mailto:cvu3agroupscoord@gmail.com)

Cryptic Crossword Solution Jan 2026



**Contact Emails for current Executive Committee members:**

Email	Current role holder
cvu3achair1@gmail.com	John Hayston
cvu3afinance@gmail.com	Judy Morris
cvu3abussec@gmail.com	Paula Rees
cvu3agroupscoord@gmail.com	Sue Hooper-Lawrie
cvu3amemsecretary@gmail.com	Alison Waple
cvu3abeacon@gmail.com	Marian Luck

**Monthly Meetings:**

Monthly Meetings are held on the FIRST THURSDAY of each month, except January. The meeting starts at 2pm, with members arriving any time after 1.15pm. We hold our meetings at Willand Village Hall, Gables Road, Willand, EX15 2PL. Check monthly newsletter for more information about arrangements for upcoming meeting/s.

## Suggested Venues for Group Meetings

**John Tallack Youth & Community centre**, Meadow Lane, Cullompton. Ex15 1LL.

Email: [info@jtc.org.uk](mailto:info@jtc.org.uk) Website: [www.johntallackcentre.org.uk](http://www.johntallackcentre.org.uk)

**The Walronds**, 6 Fore Street, Cullompton.

Email: [Info@walronds.com](mailto:Info@walronds.com) Website: [www.walronds.com](http://www.walronds.com)

**The Bakehouse**, 3 High Street, Cullompton.

Email: [enquiries@thebakehousecullompton.co.uk](mailto:enquiries@thebakehousecullompton.co.uk) Website:

[www.thebakehousecullompton.co.uk](http://www.thebakehousecullompton.co.uk)

Phone: 01884 35222

**The Steamer**, Five Bridges, Cullompton.

Email: [hello@the-steamer.co.uk](mailto:hello@the-steamer.co.uk) Phone: 01884 904960

**Willand Village Hall**, Gables Road, Willand. Bookings contact: Frances Wilcox.

Email: [bookings@willandvillagehall.org.uk](mailto:bookings@willandvillagehall.org.uk)

**Willand Health & Community Centre**, (opposite Village Hall) Bookings contact; F. Wilcox

Email: [info@whacc.org.uk](mailto:info@whacc.org.uk)

**Cullompton Library**, (part of The Hayridge Centre). Contact; Rachel Kidd.

Email: [Cullompton.library@librariessunlimited.org.uk](mailto:Cullompton.library@librariessunlimited.org.uk). Phone; 01884 824555

Go to <https://www.devonlibraries.org.uk/web/arena> to pre book a computer time slot by using the iCAM booking system or directly. [https://lu.imil.uk/Account/LogOn?](https://lu.imil.uk/Account/LogOn?ReturnUrl=%2fbookings)

[ReturnUrl=%2fbookings](https://lu.imil.uk/Account/LogOn?ReturnUrl=%2fbookings)

Opening hours (Staffed): Monday-Friday – 09:00 – 17:00 Saturday – 09:00 – 13:00

**Square Corner**, The Square, Uffculme, Ex15 3AA: <https://www.squarecorner.org.uk/book-online>

**Bridwell, Uffculme**, are happy for large groups to meet there. If you are planning to hold a meeting in the Orangery for 8 or more people, please email [cafe@bridwell.co.uk](mailto:cafe@bridwell.co.uk) to book the group in and let them know numbers and if you are planning to eat or not.

**Kentisbeare Village Hall, EX15 2AA** Contact Melanie on email –

[villagehall@kentisbeare.net](mailto:villagehall@kentisbeare.net) the Booking Secretary.

If you know of any other suitable venues, please let us know.

**Deadline for items for UPDATE is always the 10<sup>th</sup> of the month.**

**Please send to [johnhayston1@gmail.com](mailto:johnhayston1@gmail.com)**