

# CVu3a UPDATE

**Edition:** Seventy-Nine– July/Aug 2026

**Editor:** John Hayton. **Contact:** [Johnhayston1@gmail.com](mailto:Johnhayston1@gmail.com)

**A very warm welcome to those new members who have joined us since the last newsletter was sent out.**

## July Speaker

Justin Newland gave a thrilling talk entitled The Limits of the Empire – how Drake's circumnavigation changed history.

Spaniard, Ferdinand Magellan on his ship the Trinidad set sail in 1519, together with four other ships, to boldly go where no European had gone before. To circumnavigate the globe, which took 3 years, Magellan did not survive the journey, Sebastian Elcano did however & the remaining crew on the Victoria, the single ship returning.

Sir Francis Drake mirrored this journey setting sail in 1577 on his ship Golden Hine, along with 5 other ships, Pelican, Elizabeth, Marigold, Swan & Benidict. Only Golden Hine returned after a 3-year epic journey, the others lost or used to repair the rest. So began the carving up of the world as Spanish, Portuguese and British along with other nations fought over the treasures, land and native people.

Drake died in 1596, aged 56 off the coast of Portobelo, Panama. He was on his final, unsuccessful expedition against Spanish possessions in the west Indies.

Official web site at [justinnewland.com](http://justinnewland.com). It features information on his secret history thrillers, upcoming book releases, & details about his public speaking events.



## Next Monthly Meeting

**Date:** 6<sup>th</sup> August 2026

**Speaker:** Mick Harrison, Cyber Protect Officer for Devon and Cornwall Police

**Title:** Cybercrime Awareness.

An important subject for all members who use the internet, Mick Harrison, the Cyber Protect Officer for Devon and Cornwall Police tackles the ever-increasing threat of cybercrime. Mick will provide information about how cyber criminals operate and share simple preventative measures we can take to reduce the chances of becoming cybercrime victims.



## Monthly Meetings

Please note that for the rest of 2026 there is a charge of £2.00 per person attending a monthly meeting. From February 2027 the charge will be £1 per person.

## New Speaker Co-ordinator needed for Speaker Programme

Thank you Gill.

Over the past 4 years we have been very well served by Gill Sole, who has provided us with a wide variety of interesting speakers, introducing us to a wonderful assortment of subjects and topics.

Gill is now stepping down from the Speaker Co-ordinator role, so we are in need of one or members to step up to take this important role on.

**Gill has kindly provided this information about the role -**

The speaker slot at every u3a monthly meeting is a treasured tradition and the focal point which draws our members together at Willand Village Hall to meet, chat, listen and learn. Topics are varied and the speakers range in experience from those on the professional circuit to the enthusiastic and courageous member who offers to share their lived experience with us. All are equally appreciated and make for a varied programme with, hopefully, something for everyone throughout the year.

After 4 years of putting the Culm Valley's programme together I will be relinquishing my role as Speaker Co-ordinator at the end of the 2026. So we are looking for a volunteer (or volunteers) to take over this position for the 2027 programme, work for which should ideally start in the Autumn of this year.

The role roughly divides into two parts -

- selection of speakers from a variety of sources available\* and written confirmation of each engagement,
- introducing speakers at the monthly meeting and giving thanks at the end

\* Speaker databases for SW Region/recommendations from members etc/submissions to our website.

If you feel more comfortable with one aspect of the role i.e. admin or public speaking but are

concerned about the whole thing, why not discuss sharing it with another member and play to your different strengths.

I hope to hear from you if you are prepared to give some of your time to this key role, which provides so much enjoyment to members, and I feel sure you'll find it a really rewarding and enjoyable way to support our u3a, as I have.

Do please email me [gill.sole@yahoo.com](mailto:gill.sole@yahoo.com) with any questions.

Thanks, Gill

## **Congratulations and Happy 90<sup>th</sup> Birthdays**

Congratulations and Happy 90<sup>th</sup> Birthday to Norman and Doreen Mouldsley.

On Saturday 13<sup>th</sup> June 2026 Doreen and Norman celebrated their 90<sup>th</sup> birthdays.

Their actual birthdays are either end of the year, so they decided to have a joint party, and what a lovely party it was, surrounded by family and friends.



Happy Birthdays from all your friends at Culm Valley u3a.



The beautiful cake created for Doreen and Norman's special birthday.

## Jimmy Frost's Racing Stables visit.

We had our second visit to Jimmy frost's racing stables near Buckfastleigh on Wednesday, 8<sup>th</sup> July.

This was kindly arranged again by Dee McVey, chair of Okehampton u3a. At the stables we were allowed to wander around and stroke the horses. This was a bonus, as other stables do not allow this to happen. This time Jimmy gave a demonstration on how to saddle and bridle a horse. This may have been familiar to some members, but not to everyone. Jimmy showed while demonstrating this, how priority is given to the safety and comfort of the horse. We learnt that coming off the bridle, means



that is when the horse began to tire. Did you know that jockeys have their own saddles? Jimmy had three, but others have seven saddles. An apprentice arrived dressed in a jockey's riding clothes. A certified skullcap/helmet, goggles, breeches and riding boots must be worn. The colours or silks worn, are always the owners. Under the colours is an essential impact absorbing body protector. Jimmy explained that when a jockey falls off a horse, they are often kicked in the back by the horse's hooves, so this equipment is essential. After finishing our wonderful visit, members, Jimmy and his wife, Nikki, enjoyed lunch in the Grange Restaurant, at the beautiful Buckfast Abbey.

Keith and Linda.



## **Please Keep Saving Your Stamps**

**Please remember to save your stamps and bring them along to the next monthly meeting. They will be collected and sent off to the Royal National Institute for the Blind.**

## News from Interest Groups

To find contact information and meeting details please see the Interest Group Information section further on in this newsletter.

### Walkers (18<sup>th</sup> June)

This month we again welcomed new members to the walking group, as 14 of us met at Woodbury Castle for our June walk. On arrival the mist was low and the atmosphere quite damp, but it proved to be good walking weather, staying pleasantly cool and bright as the mist lifted. From the car park we took the East Devon Way, skirting the Woodbury Castle earthworks and walking downhill across the open heath, then over the main road to Woodbury Golf course. The following section was a lovely stretch of winding lane under trees, leading on to an area of open arable fields with wide views and then dropping down to the outskirts of Woodbury. There followed the toughest part of our trail, a steady climb up a tarmaced road, 'Cottles Lane', and on up through woodland, back to Woodbury Common and the car park. Our outing ended with a good lunch at the golf club, where somewhat leisurely service afforded time for us to appreciate the super view from the conservatory.



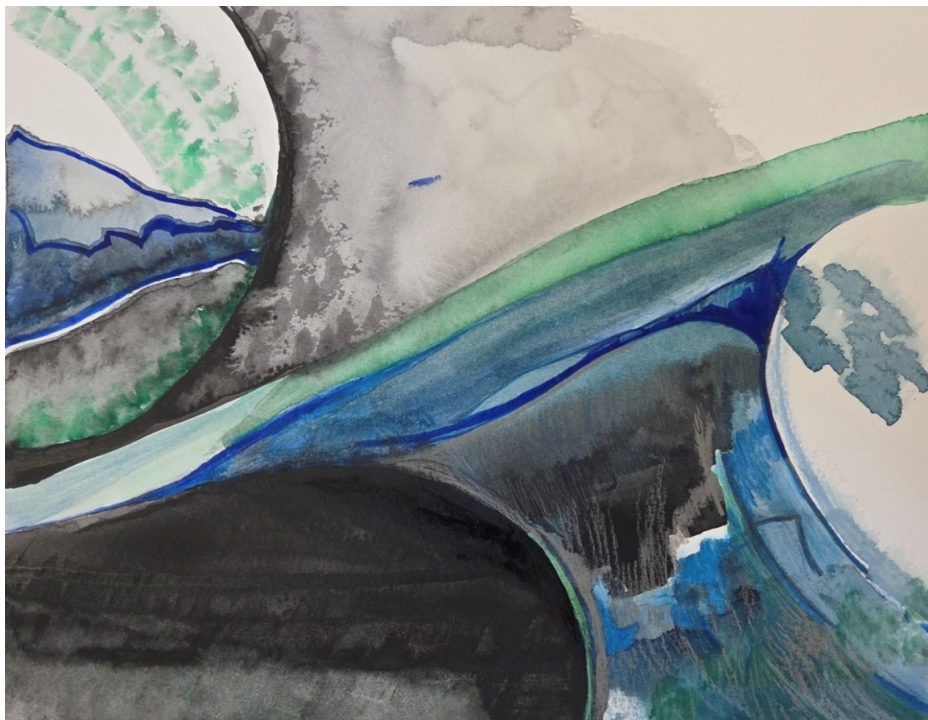


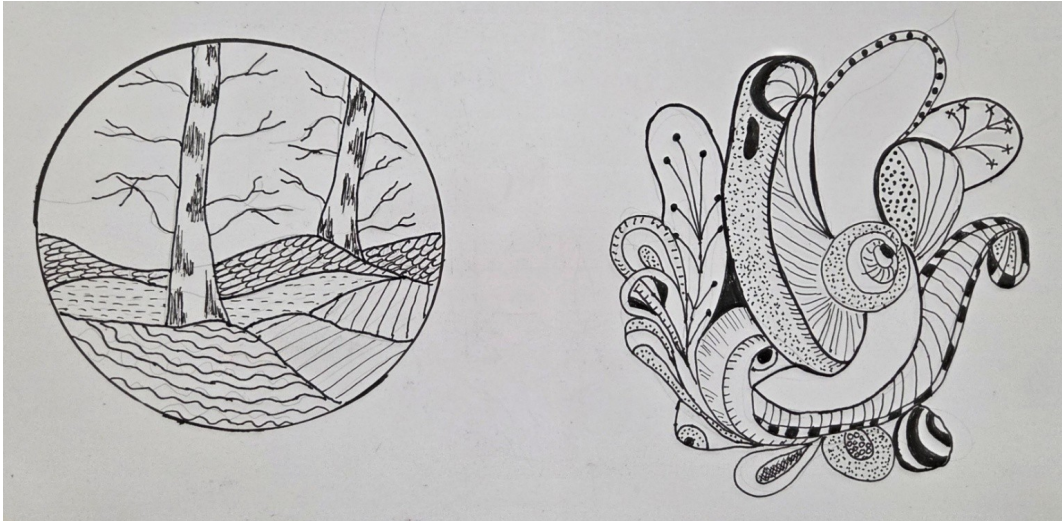
## Walkers July 16th Newton Poppleford/River

Our next walk is a 5.5 circular walk from Newton Poppleford via Venn Ottery and Tipton St John. The route follows quiet lanes, footpaths and tracks through varied scenery and is described as being of moderate difficulty. We will picnic by the river at the old railway bridge by the old Mill near Tipton before going back to Newton Poppleford following the course of the river.

## Art in Action

The group continues to practice using still life, while some members have a go at individual projects, here's a sample of what we get up too ...







## **Threads and Yarns** (previously Sewing Group)

There was plenty of sewing, hand crafting, knitting, chatting, laughter and sharing of ideas throughout the session, with everyone busy creating something different and inspiring. It's always amazing how much talent, imagination and enthusiasm can fit into one room, no matter the size of the group. From carefully stitched projects to felt work taking shape piece by piece, it was another lovely reminder that crafting together is just as much about friendship and fun as it is about the finished makes.

Following a discussion at our most recent session, a suggestion was made to expand our group to include **all types of 'needle work'** - so this would include such things as **knitting and crochet**, for example as well as our **hand and machine sewing**. Then came a suggestion for a new name for the group, to incorporate our additional needles and other implements - so we agreed '**Threads and Yarns**' would be a good cover all - to include all types of textiles. So, going forward, this is what we've decided to rename the group.

So if you have a skill or hobby which includes using a needle, hook, thread or yarn, perhaps you might consider bringing your project/s along and join our friendly group, where everyone is happy to share their knowledge and expertise, as well as help each other out, as and when - especially complete beginners - whilst also enjoying the chat, laughter, tea and coffee. You can choose what you want to bring along, from one month to the next.

Please note, we are totally independent of the Craft and Quilting Groups.

**We currently have spaces available so if you wish to join please contact Yvonne.**



## Creative Writers

Camping was the word chosen this month. We had all been camping in our younger days. So maybe we could write about it. We returned to Hazel's to share our stories.

Linda recounted memories of a family trip to Scotland, towing a small caravan which had a detachable awning. With excited children on board, they were keen to get away. As Linda couldn't bear to leave the family cat behind for three weeks, to be fed by a neighbour, he was also somehow fitted in, in his basket. The first overnight stop at Lincoln stretched to three nights searching for said cat who had gone missing. Eventually, after a visit to the police station (they don't do missing cats), and another to the local hospital to have wounds dressed after the terrified cat was caught, they continued up to Glencoe. After staying for just one night, they drove on to Inverbeg. This place was quickly renamed 'Inverbog' due to heavy and relentless rain. After a few



nights there they realised the trip was a disaster. They saw very little of Scotland and were relieved to head for home, abandoning the idea altogether. It was the cat's first and last camping trip.

Hazel's poem told of happier times camping as a brownie and later, a guide, 'getting close to nature, as if a magical cure.' Not that magical when a fellow camper managed to chop off part of a toe.

Sue provided a laugh a minute with her tale of a surprise gifted holiday, camping at a spiritual retreat. Her characters encountered slugs, frogs, earwigs, and a rat in between the wacky activities on offer: 'tree-hugging, Indian head massage, rebirthing, forest bathing and vaginal steaming' Only Sue could serve this lot up round Hazel's table. The tents were Indian teepees, 'each with a gentle coating of green mould and bird poo'. Drama in the middle of the night when one camper mistakenly wandered into the wrong tent ... They decided to make their escape. Only later, when they were sipping coffee at a motorway service station, could they relax. Our creative writers' group is not for the faint-hearted. Sue's creativity knows no bounds.

Next to share her piece was Chris who gave us a description of Emily Walker, a musician who spent some time on Iona. Emily walks alone in order to have time for reflection, and to meet other lone walkers; she travels with backpack, including tent. Emily loves maps and has walked in all weathers all over the Scottish Highlands; sometimes stopping overnight at a wayside bothie. Her last walk was cut short because a mouse managed to destroy her tent. Maybe it was time for her to rest ... I only hope Emily Walker will write the book she is considering because it's one I shall certainly buy.

Pat's characters. Joe and Molly were persuaded by their children to try camping. They were encouraged by the loan of the major items of a tent etc. but dismayed by the long list of 'essentials' they would need to take. This long list comprised tent, tent pegs, guy ropes and ground sheet; sleeping bags, mats, pillows, cooking pans, stove, utensils, cutlery, camping chairs; table, torches, lanterns, bin-bags and camping toilet. Oh, and mallet, duct tape, tent repair kit, brush, penknife, string, medication, first aid kit ... and food. After a period of silence, Molly had a better idea, producing a leaflet of places to stay overnight. Perhaps that was the wisest choice of all.

## SHARED STORY – A Lonely Life – Part 2

A locked box has been delivered by two men to Sid, lighthouse keeper on a remote island. Dreadful sounds were coming from the box, so last month we were left wondering whatever would emerge when Sid used a crowbar to open it.

### Chris continues our story:

A very sad sight was revealed. A seal pup was thrashing about and roaring with rage at being trapped in this box, which compounded the pain it was already suffering due to its injuries. Sid shook his head and grunted an expletive or two. He had seen too many of these poor creatures trapped in fishing nets which cut into their flesh as they grew.

The lighthouse had long since been converted to house a remotely controlled LED lamp, so didn't need a Keeper to tend the light. But Sid had been given permission to live in its ground floor accommodation on condition that he kept an eye out for anyone prowling around. He agreed to inform the guards who were based there to protect the secret government facility further up the island.

Sid had been a crab fisherman all his working life and knew the island and its seas and currents like an old rather tetchy friend. The only place to bring in a boat was at the foot of the cliffs by the lighthouse so if the guards found anything around the rocky coast that might interest Sid more than the government, they would bring it to him.

Sid enjoyed his solitary life and saw no need to pay much attention to personal hygiene. Rainwater was collected in a tank on the roof of the kitchen and he used it sparingly for cooking – he enjoyed a good curry – but this seal pup would need water if it was to survive. He was more inclined to use his large bathtub for this than for himself so he turned the old brass tap and while the tub was filling, he threw a blanket over the box to quieten the pup. As the tub filled, Sid worked out how he was going to remove the wire. The young seal would need sea water while it recuperated and he would have to convey it to the deep sea-water rock pool below the lighthouse sooner rather than later.

Removing his wire-cutters from a hook on the wall, Sid stood astride the box and felt through the blanket for the seal's head. The animal roared again and bashed its head from side to side but Sid was strong despite his age and managed to hold it still for long enough to snip at the wire once, then again and again until finally it pinged free, exposing the torn flesh beneath.

Sid wrapped the blanket all around the whimpering creature and lifted it with some huffing and puffing into the bathtub. From there he could set to work cleaning the wound and planning what he would do next.

### Pat will continue this story for next month.

LJRM – The Scribe

## Photography

This month the group had the pleasure of watching Trish's dog Minnow being put through her paces at a dog agility session.

We were able to practice using some features on our cameras such as continuous shooting, and fast shutter speed to try and capture Minnow in full flow.

It will be very interesting to see the action shots, next month when we all get together again.

Dave won the monthly competition and is pictured with the trophy for his fantastic black and white photo taken at





## Knightschayes.

Dave was certainly thinking outside the box, as we had an alphabet-based quiz. Dave's letter was Y, and as you can see the tree forms a perfect Y shape.

Our July meeting should be a real highlight as Dave has kindly offered to provide a cream tea at his house, hopefully the weather will be kind and we can enjoy our scones in the sunshine, whilst we look at some favourite photos, we have taken this year.



## Quilting

This past hot month has had the quilters in a bit of a frenzy, coming up with a whole eclectic mix of fabulous quilting. There's been lots of different types of appliqué quilting, as well as patchwork, Welsh whole quilting and several other projects steadily striding to the finish line. But I have to say, some are also getting a little stuck along the way in this hot and sticky weather. Our mascot and supervisor, Hetty, was as usual, keeping an eye on proceedings too.

The new 'if it's your birthday you bake/bring the cake' is going down a treat too, at tea and coffee time. So, what's not to like about quilting!





## Quizzing

At our June meeting Yvonne and Linda entertained us with questions on Summer holiday destinations, seaside anagrams, art and lit, the 2000s, UK towns and cities and June / Summer. If you knew what Lundy (as in island) means, which island is directly south of Sicily, the composer of The Flight of the Bumblebee and the body of water on which Belfast sits, you were doing well. Plenty of variety as always, thank you both.

Our next session is on Friday 17th July at Willand Village Hall, 10.30 for 11.00.

## Spanish Beginners

Hola!

The Spanish beginners group meet every Tuesday to practice our language skills. We are a small group, brilliantly led by Josy, and over the past few months we have all improved, increasing our vocabulary, becoming more confident, and importantly having a good time.

We are currently reading two novels about a flamenco dancing assassin, and it's really useful to read aloud in front of the group and pick up tips about pronunciation and tone. Many of us either holiday in Spain or have Spanish relatives, so Josy's advice and our practice really helps us to feel confident speaking the language, and to understand the Spanish culture.

As a summer treat, and to sample some Spanish culture we had a Tapas evening at a Spanish bar in Exeter. A great time was had by all, with fine food, great company, and as you can see a jug or two of sangria. It was a warm evening so the fans, or to give them their Spanish name abanicos, were very useful.



## CRAFT

Well, it has been a busy month for our crafters with our usual two meetings but also 4 of us attended a Glass Fusion Class at Willand Village Hall. We had the best time creating a three paned garden trellis with our own designs. This was something most of us hadn't done before but we all thoroughly enjoyed the experience and were delighted with the end results. Pictures below.

Kath, who took the class, is now a member of CVu3a and has also just joined our Craft Group so hopefully we can teach her new skills too.

We also welcomed Barbara to our group in July, and we hope she enjoyed her first visit. Great to have you both in the group.

July sees us revisiting Iris Folded, a craft involving layered designs using folded paper strips and following a pattern. This is a simple craft but a pretty effective one, I hope you agree. We will take a break in August and re-group in September with a new programme for the following season.

Have a lovely Summer, but it is hard to see it will be any better than we have had so far!  
Lorna





## Pétanque

Our friendly bunch of “boule lobbbers” wish to extol the joys of meeting outdoors on a regular / frequent basis, for practising the skills of encouraging heavy metal boules to negotiate a sometimes-elusive route to end up near a small target “Jack”. That is the ultimate end object of the art of Pétanque! We extend the warmest of amicable invitations for you to come and join us at the Cullompton CCA Fields Sports Arena car park, near the Cricket Club premises, where we play for two hours on a regular Friday morning, commencing at 11.00a.m. We have spare boules to lend you for your “Taster”: experience days. All that we ask is that you wear flat heeled, enclosed toes, shoes, for both balance and foot safety!

Come along and share the FUN. We look forward to seeing you, one Friday soon!



## Jazz live music appreciation

An Invitation for all Culm Valley u3a members:

If you have never heard a harp featuring in a Gypsy Jazz Music Band, now's your chance!

Come along to the July monthly live music event staged by the Gordon's Jazz Club at the Magelake Pavilion, Uffculme, on Wednesday evening, 15th July, starts at 7.30pm.

Can't imagine a more enjoyable way of spending a midweek summer's evening. See you there!

FREE Car parking and a friendly Bar with reasonable prices. A friendly bunch to mingle with!

Richard

## Discovery Days Next Event

We are pleased to announce a day tour of Agatha Christie's Torbay and Kent's Cavern on Thursday, 24<sup>th</sup> September 2026. This outing features guided tours of both sites, afternoon cream tea, and coach travel, totaling approx £48 per person. We will share the full agenda with u3a members soon. If you are interested, please save the date. We hope you can join us for an enjoyable and memorable day!

Sheila McLeod & Paula Longden

Group contact information and meeting details are in the Interest Group Information section

## Interest Group Information

| Group               | Contact<br><small>Please click on name to email</small> | Venue, Day & Time                                                                                                |
|---------------------|---------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Art in Action       | Rachel Kingdom                                          | 2 <sup>nd</sup> & 4 <sup>th</sup> Monday each month<br>13.30 – 16.30 Club Room,<br>Willand Village Hall          |
| Beginners Spanish   | Josy Tidmarsh                                           | Weekly at The Bakehouse, Cullompton                                                                              |
| Beginners Jewellery | Julie Murphy                                            | Please Contact Julie                                                                                             |
| Bridge              | Maggie Lambert                                          | 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Thurs of the month<br>14.00-16.00, Club Room, WVH            |
| Craft               | Lorna Knowles                                           | 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday each month<br>10.00 to 12:30 Committee Room,<br>Willand Village Hall |
| Creative Writing    | Hazel Newman                                            | 3 <sup>rd</sup> Tuesday each month 14.00                                                                         |
| Discovery Days      | Paula Longden                                           | Various                                                                                                          |

| <b>Group</b>                                  | <b>Contact</b><br>Please click on name to email | <b>Venue, Day &amp; Time</b>                                                                                |
|-----------------------------------------------|-------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| <b>Dog Walkers</b>                            | <b>John Hayston</b>                             | Contact John for more information                                                                           |
| <b>Drawing</b><br>(formerly Coloured Pencils) | <b>Sue Hooper-Lawrie</b>                        | 1 <sup>st</sup> & 3 <sup>rd</sup> Monday each month<br>13.30 – 16.30<br>Club Room, Willand Village Hall     |
| <b>French Conversation</b>                    | <b>Sally Graham</b>                             | 1 <sup>st</sup> Monday each month at 11:00 -12.30                                                           |
| <b>French Conversation #2</b>                 | <b>Julie Murphy</b>                             | 1 <sup>st</sup> Monday each month 15:00 to 16:30                                                            |
| <b>Gaming</b>                                 | <b>Jean Turner</b>                              | 1st Monday each month<br>10:30 to 12:30<br>Club Room, Willand Village Hall                                  |
| <b>Genealogy</b>                              | <b>Walter Longden</b>                           | 2 <sup>nd</sup> Wednesday each month<br>10:30 to 12:30<br>Hayridge, Cullompton Library                      |
| <b>History</b>                                | <b>Alison Waple</b>                             | 3 <sup>rd</sup> Thursday each month plus various<br>other days                                              |
| <b>Jazz Appreciation</b>                      | <b>Richard Taylor</b><br>Mobile: 07816337456    | Contact Richard                                                                                             |
| <b>Mahjong</b>                                | <b>Jean Turner</b>                              | 2 <sup>nd</sup> Monday each month<br>10:30 to 12:30<br>Club Room, Willand Village Hall                      |
| <b>Mixed Media Art</b>                        | <b>Annie Forster</b>                            | Kentisbeare Village Hall<br>Last Wednesday each month.<br>9:30 to 16:30                                     |
| <b>Music</b>                                  | <b>Sue Childs</b><br>Mobile: 07398 686612       | Every Friday morning from 10:00 at<br>Makers Community Hall, Uffculme                                       |
| <b>Outsmarted</b>                             | <b>Sue Hooper-Lawrie</b>                        | We stay in our own homes and meet<br>online on various days and times!                                      |
| <b>Pétanque</b>                               | <b>Richard Taylor</b><br>Mobile: 07816 337456   | Car park at the CCA Fields<br>Every Friday 11:00 and 14:00<br>Weather dependent                             |
| <b>Photography</b>                            | <b>Barry Wilson</b>                             | Last Monday each month                                                                                      |
| <b>Quilting</b>                               | <b>Linda Arnold</b>                             | 1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday each month<br>9.30 to 12.30 - Club Room, Willand<br>Village Hall. |

| <b>Group</b>                        | <b>Contact</b><br>Please click on name to email                | <b>Venue, Day &amp; Time</b>                                                                      |
|-------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Quizzing</b>                     | <b>Martin Newman</b>                                           | 1 <sup>st</sup> and 3 <sup>rd</sup> Friday each month at 11:00<br>Club Room, Willand Village Hall |
| <b>Reading</b>                      | <b>Sally Graham</b>                                            | 3 <sup>rd</sup> Thursday each month, 14:30<br>upstairs at Cullompton Library                      |
| <b>Sewists</b>                      | <b>Yvonne Doherty</b>                                          | 2nd Wednesday of each month,<br>9:30–12:30<br>Willand Village Hall                                |
| <b>Soloists<br/>(But not alone)</b> | <b>Jenny Day</b><br>Tel: 01884 840786/<br>Mobile: 07770 985840 | Contact Jenny                                                                                     |
| <b>Strollers 1 &amp; 2</b>          | <b>Elieen Turner &amp;<br/>Jackie Sim</b>                      | 2 <sup>nd</sup> Tuesday each month @10:30<br>4 <sup>th</sup> Tuesday each month @10:00            |
| <b>Walkers (4-6 Miles)</b>          | <b>Gill Sole</b>                                               | 3 <sup>rd</sup> Thursday each month a/m                                                           |
| <b>Wine Appreciation</b>            | <b>John Hayston</b>                                            | Please contact John for more<br>information.                                                      |

**If you have an idea for an Interest Group, please get in touch with  
Groups Co-ordinator on email: [cvu3agroupscoord@gmail.com](mailto:cvu3agroupscoord@gmail.com)**

### **Contact Emails for current Executive Committee members:**

| <b>Email</b>                | <b>Current role holder</b> |
|-----------------------------|----------------------------|
| cvu3achair1@gmail.com       | John Hayston               |
| cvu3afinance@gmail.com      | Judy Morris                |
| cvu3abussec@gmail.com       | Paula Rees                 |
| cvu3agroupscoord@gmail.com  | Sue Hooper-Lawrie          |
| cvu3amemsecretary@gmail.com | Alison Waple               |
| cvu3abeacon@gmail.com       | Marian Luck                |

### **Monthly Meetings:**

Monthly Meetings are held on the FIRST THURSDAY of each month, except January. The meeting starts at 2pm, with members arriving any time after 1.15pm. We hold our meetings at

Willand Village Hall, Gables Road, Willand, EX15 2PL. Check monthly newsletter for more information about arrangements for upcoming meeting/s.

## Suggested Venues for Group Meetings

**John Tallack Youth & Community centre**, Meadow Lane, Cullompton. Ex15 1LL.

Email: [info@jtc.org.uk](mailto:info@jtc.org.uk) Website: [www.johntallackcentre.org.uk](http://www.johntallackcentre.org.uk)

**The Walronds**, 6 Fore Street, Cullompton.

Email: [Info@walronds.com](mailto:Info@walronds.com) Website: [www.walronds.com](http://www.walronds.com)

**The Bakehouse**, 3 High Street, Cullompton.

Email: [enquiries@thebakehousecullompton.co.uk](mailto:enquiries@thebakehousecullompton.co.uk) Website:  
[www.thebakehousecullompton.co.uk](http://www.thebakehousecullompton.co.uk)

Phone: 01884 35222

**The Steamer**, Five Bridges, Cullompton.

Email: [hello@the-steamer.co.uk](mailto:hello@the-steamer.co.uk) Phone: 01884 904960

**Willand Village Hall**, Gables Road, Willand. Bookings contact: Frances Wilcox.

Email: [bookings@willandvillagehall.org.uk](mailto:bookings@willandvillagehall.org.uk)

**Willand Health & Community Centre**, (opposite Village Hall) Bookings contact; F. Wilcox

Email: [info@whacc.org.uk](mailto:info@whacc.org.uk)

**Cullompton Library**, (part of The Hayridge Centre). Contact; Rachel Kidd.

Email: [Cullompton.library@librariesunlimited.org.uk](mailto:Cullompton.library@librariesunlimited.org.uk). Phone; 01884 824555

Go to <https://www.devonlibraries.org.uk/web/arena> to pre book a computer time slot by using the iCAM booking system or directly. [https://lu.imil.uk/Account/LogOn?](https://lu.imil.uk/Account/LogOn?ReturnUrl=%2fb bookings)

[ReturnUrl=%2fb bookings](#)

Opening hours (Staffed): Monday-Friday – 09:00 – 17:00 Saturday – 09:00 – 13:00

**Square Corner**, The Square, Uffculme, Ex15 3AA: <https://www.squarecorner.org.uk/book-online>

**Bridwell, Uffculme**, are happy for large groups to meet there. If you are planning to hold a meeting in the Orangery for 8 or more people, please email [cafe@bridwell.co.uk](mailto:cafe@bridwell.co.uk) to book the group in and let them know numbers and if you are planning to eat or not.

**Kentisbeare Village Hall, EX15 2AA** Contact Melanie on email –

[villagehall@kentisbeare.net](mailto:villagehall@kentisbeare.net) the Booking Secretary.

If you know of any other suitable venues, please let us know.

**Deadline for items for UPDATE is always the 10<sup>th</sup> of the month.**

**Please send to [johnhayston1@gmail.com](mailto:johnhayston1@gmail.com)**